



Marine and Family Programs Prevention Services Update January 2014

Dr. Adam Walsh
Section Head
Community Counseling & Prevention Services
Headquarters, Marine Corps (M&RA)

For all media/public queries:

Heather J. Hagan
Public Affairs Officer
Marine and Family Programs Division
Headquarters, U.S. Marine Corps
Manpower & Reserve Affairs
heather.hagan@usmc.mil
703-432-9542

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Suicide Prevention Key Points

1. *Suicide is an irreversible reaction to a temporary problem.*
2. *Suicide is complex. Many interacting factors are at play (e.g., relationship, legal problems, financial, behavioral health diagnoses, and substance abuse).*
3. *The majority of suicides are not impulsive acts. There are usually warning signs that precede the suicide.*
4. *Leaders teach that knowing when to seek help for stress is a trait of a strong, committed Marine.*
5. *Every Marine is trained annually to recognize the warning signs of suicide, and how to get a fellow Marine to help. The training series, Never Leave a Marine Behind, helps develop the skills Marines need to effectively support their fellow Marine.*

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Current Program Initiatives

Training Requirements

Enlisted Training

- **Never Leave a Marine Behind Annual Prevention Courses**
- **Recruit /Drill Instructor Training**
- **Leadership Continuum Training in all formal schools**
- **Suicide Prevention Program Officer**
- **Operational Stress Control & Readiness (OSCAR) Team Training GEN II**

Officer Training

- **Never Leave a Marine Behind Annual Prevention Course**
- **The Basic School Suicide Prevention Training**
- **Suicide Prevention Program Officer**
- **Leadership Continuum Training in all formal schools**
- **OSCAR GEN II Team Training**

Provider Training

- **Training on the Columbia Suicide Severity Rating Scale and Safety Planning**
- **OSCAR GEN II Team Training**

Other Training

- **Marine Corps Martial Arts Program**
- **Suicide Watch**
- **Are You Listening Training (recreation/retail staff)**
- **OSCAR Training for Chaplains**
- **Deployment Cycle Training**

Other Initiatives

Leadership

- Messages / Videos / Guidance
CMC and SMMC
General and Commanding Officers
Sergeants Major

Research

- Psych Autopsy Study
- Skills Based Readiness Pilot study
- Marine Resilience Study II
- Penn State Impact of Suicide on Families
- Walter Reed Army Institute of Research Accession (WRAIR) Study
- Suicide Attempt Qualitative Study
- Stigma Study

Marketing, Education, Outreach

- Marine DSTRESS Line
- Brochures, Posters, Wallet Cards, R.A.C.E. (Recognize, Ask, Care, Escort)
- Leaders Guide for Managing Marines in Distress
- Website
- Behavioral Health Information Network
- COSC Flipbook
- Marine Leaders Notebook
- Managing Combat & Operational Stress Handbook
- Quarterly fact sheets to Commanders on behavioral health issues

Legend for Training: **Mandatory** **Optional**

Collaborative Programs

Installation Support Services

- Chain of Command
- Community Counseling Program
- Unit Medical, Chaplain, and Marine and Family Programs
- Medical Treatment Facility
- Deployment Health Clinic
- Marine Corps Family Team Building
- Substance Abuse Program
- Family Advocacy
- Single Marine Program
- Families Overcoming Under Stress

National Support Services

- Military Crisis Line
- DCoE Outreach Call Center/Website
- Military OneSource
- Military Mental Health Self-Assessment
- TRICARE Behavioral Health Line
- Vet Centers

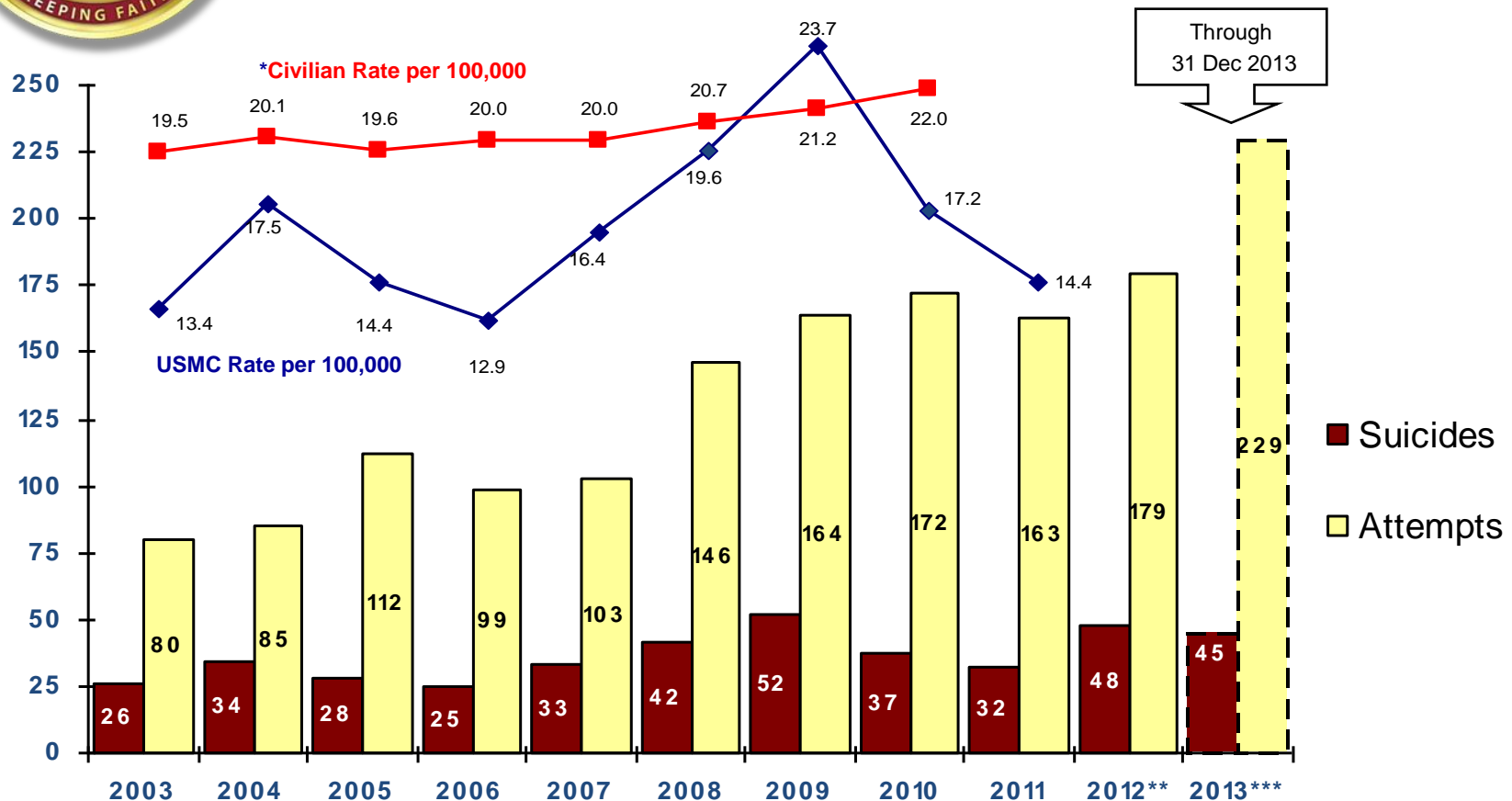
Deployed Support Services

- Unit Medical (BAS, RAS, etc.) & Chaplain
- OSCAR Teams
- MLG Surgical Company Forward
- OSCAR Peer Mentors

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USMC Suicides and Attempts



* Last available civilian suicide rate information from the Centers for Disease Control and Prevention. Rate adjusted for Marine demographics.

** Includes 1 suspected suicide that has yet to be confirmed by the Armed Forces Medical Examiner.

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Source: HQMC (MFCI-2) 2 January 2014

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CY13 Suicide Demographics

Through 31 December 2013

2013 Month	Suspected Suicides	Suicide Attempts
January	3	17
February	5	24
March	3	20
April	3	28
May	3	26
June	6	20
July	6	21
August	3	20
September	4	11
October	4	23
November	4	13
December	1	6

Gender	42 Male	3 Female	
Race	33 Caucasian 4 African American	5 Hispanic 3 Other/Unknown	
Age	9 (17-20) 5 (31-35)	18 (21-25) 1 (36-40)	9 (26-30) 3 (41+)
Marital Status	19 Single	22 Married	4 Divorced
Paygrade	16 (E1-E3) 6 (E6-E9)	20 (E4-E5) 3 (O1-O10)	

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